# Disinfection of Hot Tubs that Contain Legionella

Accessible version: https://www.cdc.gov/legionella/wmp/hotTub-operators.html

Hot tubs\* that contain *Legionella* bacteria can cause outbreaks of disease. *Legionella* can cause <u>Legionnaires' disease</u>, a serious type of lung infection, and a milder infection called Pontiac fever. It is critical to collect water samples, *then* disinfect hot tubs linked to cases of Legionnaires' disease or Pontiac fever.



This photograph shows Legionella spp. colonies grown in culture and illuminated using ultraviolet light.

## **CDC-recommended best practices**

No scientific studies have determined the best way to disinfect a hot tub that contains *Legionella*. **CDC recommends following these steps** based on currently available scientific information:

#### 1. Close the hot tub immediately.

- Shut down the hydrotherapy jets and circulation pumps, but *do not* drain the water.
- 2. Contact your state or local public health agency.
  - The health department will determine if you need to conduct laboratory testing.

# 3. Collect water samples if directed by the health department.

- If so, always collaborate with your state or local public health agency and a laboratory with *Legionella* testing expertise. View a <u>CDC list of laboratories that test for Legionella</u>.
- Have samples taken from the tub, hydrotherapy jets, drain, and filters or filter media before proceeding to step 4. Find <u>additional information</u> and tools from CDC on water sampling.
- You do not have to wait for laboratory results before disinfecting the hot tub. However, do not re-open the hot tub for use until all test results are negative for *Legionella*.

#### 4. Drain all water from the hot tub.

• Dispose of the water to waste or as directed by the local regulatory authority.

- 5. Vigorously scrub all hot tub surfaces, skimming devices, and circulation components.
  - Use water with free chlorine at a minimum concentration of 5 parts per million (ppm) to remove any biofilm (slime). After scrubbing, rinse the tub with clean water and flush to waste.
- 6. Replace filters (for cartridge or diatomaceous earth filters) or filter media (for sand filters).
  - Bag these and dispose as normal solid waste.
- 7. Make any needed repairs.
  - Inspect the hot tub thoroughly for any broken or poorly functioning components such as valves, sensors, tubing, or disinfectant feeders.
- 8. Refill and hyperchlorinate using 20 ppm free chlorine.
  - Keep the hydrotherapy jets off and let the hyperchlorinated water circulate for 1 hour in all of the components of the hot tub including the compensation/surge tank, filter housing, and piping.
  - Turn on the hydrotherapy jets to circulate the hyperchlorinated water for 9 additional hours. Maintain 20 ppm of free chlorine in the system for the *entire 10 hours*.



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#### 9. Flush the entire system.

- This removes the hyperchlorinated water from all equipment.
- 10. Take new samples to confirm the elimination of *Legionella*.
  - At least 48 hours after the device has been restored to normal operating conditions, have samples taken from:
    - » Tub
    - » Hydrotherapy jets
    - » Drain
    - » Filters or filter media
    - » Any part of the hot tub that originally tested positive for *Legionella*
- 11. Keep the hot tub closed until testing confirms the elimination of *Legionella*.
  - If laboratory testing is positive for *Legionella*, repeat steps 4 through 10 until all testing is negative.
  - If laboratory testing is negative for *Legionella*, proceed to step 12.

- 12. Ensure water quality prior to reopening the hot tub for use.
  - Ensure that halogen (chlorine or bromine) and pH levels meet local and state standards.
- 13. Maintain water quality according to local and state standards.
  - See "Prevention through regular operation and maintenance" section below for additional information.
  - Continued *Legionella* testing may be considered on a case-by-case basis.
  - If the hot tub is associated with an outbreak, the following continued laboratory testing schedule may be considered:
    - » Conduct culture-based testing every 2 weeks for 3 months, then every month for 3 months.
    - » If testing finds *Legionella* at any time during this 6-month period, disinfect again and start the testing schedule over.
    - » For hot tubs that continue to grow *Legionella*, consider hiring a consultant with expertise in *Legionella* remediation.

*Note:* There are no data to suggest that personal protective equipment is required for disinfecting a hot tub, but N95 respirator masks may be worn during the disinfection process. Respirators must be used in accordance with a comprehensive respiratory protection program, which includes fit testing, training, and medical clearance (see <u>Occupational Safety and Health Administration standard 29</u> <u>CFR 1910.134</u>). Visit the <u>National Institute for Occupational Safety and Health N95 respirator</u> <u>web page</u>.

## Prevention through regular operation and maintenance

<u>Proper operation and maintenance of hot tubs</u> can help prevent the growth of *Legionella* and protect people's health. View <u>CDC's Model Aquatic Health Code</u> for guidance on making water activities healthier and safer. Water management programs take a preventive approach by reducing the risk of *Legionella* growing and spreading in building water systems. See CDC's toolkit on <u>how to develop a</u> <u>Legionella water management program</u>.

#### **References:**

- 1. ANSI/ASHRAE. Legionellosis: Risk management for building water systems. Atlanta, GA: ASHRAE; 2015.
- 2. ASHRAE. Minimizing the risk of legionellosis associated with building water systems. Atlanta, GA: ASHRAE; 2000.
- 3. CDC. <u>Developing a water management program to reduce Legionella growth and spread in buildings: A practical guide to implementing industry standards</u>. Atlanta, GA: 2017.

\* The phrase "hot tubs" in this document includes hot tubs, whirlpool spas, and hydrotherapy spas.